

FIRST TOUCH

Neuromuscular Pediatrics



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MASSAGE WITH
SPECIAL NEEDS IN MIND

Release. Relax. Thrive.

First Touch Neuromuscular Pediatrics serves the Southern California Special Needs Community. We provide extraordinarily beneficial massage therapy that helps children and young adults improve movement, decrease anxiety and cultivate optimal quality of life, no matter what their disability may entail.



How Massage Can Help

- Reduce pain
- Improve respiration
- Stimulate senses
- Relax muscles
- Enhance immune function
- Prevent chronic musculoskeletal problems
- Optimize hormone levels
- Relieve psychological distress
- Provide relaxation
- Release muscle and connective tissue restrictions
- Increase blood and lymph circulation

Individuals Who Benefit

Massage therapy can bring extraordinary benefits to children and young adults who face multi-faceted challenges that accompany many medical conditions and disabilities:

- Wheelchair Riders
- Cerebral Palsy
- Traumatic Brain Injury (TBI)
- Developmental Delay
- Hydrocephalus
- Rett Syndrome
- Muscular Dystrophy (MD)
- Spinal Cord Injury
- Scoliosis
- Terminal Illness, Palliative Care, Hospice Care
- Juvenile Rheumatoid Arthritis
- Spina Bifida
- Catastrophic Illness
- Autism
- ADD/ADHD
- Down Syndrome
- Cystic Fibrosis
- Asthma
- Visual Impairment
- Cancer
- Stroke

Therapies Available

We combine the following techniques that complement occupational and physical therapy to deliver maximum benefit to your child, teen or young adult.

- Swedish Massage
- Sports Massage
- Pediatric Massage
- Deep Tissue Massage
- Trigger Point Therapy
- Sensory Awareness
- Visceral Manipulation

Call 949.445.4123 today for Consultation and In-Office/In-Home Appointments*

*dependent on location

Always in Touch with Special Needs